

Starters and Light Bites

Mild Catalan Baby Chorizo £3.95

Oven Roasted Baby Chorizo

Bread Selection & Oils £4.95

With Rocket Pesto, Chilli Oil, Extra Virgin Olive Oil and Balsamic Vinegar.

Garlic Pizza Bread £4.95

with Cheese £5.95

Marinated Olive Selection by Sapori D'Italia (V) £4.95

*Green and Black Pitted Olives and Sweet Peppers
in a Light Marinade.*

'Prosciutto e Dolcelatte' £5.95

*Sun Blushed Tomato, Dolcelatte Cheese and Air-Dried Ham Parcels,
Balsamic Dressing and Rocket.*

Devil's Tongues £4.95

Sliced Crusty Bread and Aioli topped with Sun Blushed Tomatoes.

Garlic and Chilli King Prawns (V) £7.50

*King Prawns cooked in Garlic Butter and Chilli with Aioli Dip
and Crusty Baguette.*

Caprese Salad (V) £5.95

Bocconcini Mozzarella, Cherry Tomatoes, Basil, Olive Oil and Rocket.

Chicken Liver & Port Pate £6.50

Pate, Mixed Leaves, Red Onion Marmalade with toasted sliced Baguette.

Focaccia Romana Flatbread (V) £6.95

*Focaccia topped with Houmous, Marinated Olives, Sun Blushed Tomatoes,
Rocket and Balsamic Glaze.*

Baked Flat Mushrooms(V) £6.50

*Flat Mushrooms baked with Garstang Blue Cheese, garnished with
Water Cress.*

Sharing Plates

Avanti Antipasti £14.95

Milano Salami, Spanish Chorizo, Serrano Ham, Bocconcini Mozzarella, Sun Blushed Tomatoes, Artichoke Hearts, selection of Olives & Breads with Rocket Pesto, Extra Virgin Olive Oil and Balsamic Vinegar.

Avanti Fish Plate (V) £15.95

Smoked Salmon, Smoked Mackerel Pate, Sautéed Garlic King Prawns, Anchovies, Sun Blushed Tomatoes, Artichoke Hearts, selection of Olives & Breads, Rocket Pesto and Lemon Mayonnaise.

Handmade Pasta and Ravioli

All our pasta is handmade at Avanti using Semolina (Durum Wheat), Free Range Eggs and Water.

The pasta is extruded through a bronze die, an old authentic process, which gives a rough surface texture to the pasta, enabling the pasta to hold a sauce better, a property that has been lost in the mass industrial pasta production.

Spinach and Ricotta Ravioli (V)

Served in a Parmesan Cream Sauce

Starter (4) £6.95

Main Course (6) £9.95

Beef and Mozzarella Ravioli

Served in a Tomato and Oregano Sauce

Starter (4) £7.95

Main Course (6) £10.95

Fresh Pasta and Risotto Dishes

Mar I Muntanya £15.95

Calamari, King Prawns, and Chorizo cooked in Garlic, Chilli and Lime, with Cherry Tomatoes, Samphire served with Tagliatelle Pasta.

Mixed Seafood Pasta £16.95

Salmon, Mussels, King Prawns cooked in Garlic, White Wine and Cream, with Tagliatelle Pasta.

Slow Cooked Beef Ragu £15.95

Shredded Brisket of Beef, Tomato cooked in a Garlic and Red Wine Sauce served with Pappardelle Pasta and Parmesan.

Roasted Ratatouille and Pesto (V) £11.95

Oven roasted Courgette, Aubergine, Capsicum and Cherry Tomatoes served with Tagliatelle Pasta, Rocket and Parmesan Pesto.

King Prawn and Chorizo Risotto £15.95

King Prawns and Chorizo cooked with Garlic and Chilli, served with a White Wine and Parmesan Risotto.

Avanti Meat Balls £12.95

Pork and Herb Meat Balls, Arrabiata Sauce, served with Tagliatelle Pasta and Parmesan Shavings.

Pesto Chicken £14.95

Pan Roasted Chicken Strips, Creamy Rocket Pesto Sauce, Crispy Smoked Pancetta served with Tagliatelle Pasta.

Mushroom Stroganoff (V) £12.95

Button Mushrooms, Sautéed Red Pepper and Red Onion, Dijon Mustard, Tomato Puree and Cream, served with Tagliatelle Pasta.

Chicken and Chorizo Risotto £14.95

Chicken and Chorizo cooked with Garlic and Chilli, served with a White Wine and Parmesan Risotto.

Main Plates

Chicken Saltimbocca £15.95

Chicken Breast filled with fresh Basil, Mozzarella Cheese and wrapped in Serrano Ham, with a Spinach Risotto and Marsala Jus.

Fillet of Sea Bass (V) £16.95

Pan Fried Sea Bass Fillet, Baby Potatoes, Peppers, Samphire and Mushrooms, drizzled with Tomato and Basil Sauce topped with Pea Shoots.

Blackened Salmon (V) £15.95

Cajun Spiced Crusted Salmon, Salsa Verde, Italian Garlic Potatoes, Rocket, French Beans and Chantenay Carrots.

Avanti Butterfly Chicken £15.95

Bread-Crumbed Butterflied Chicken Breast with Italian Garlic Potatoes, French Beans, Chantenay Carrots with a jug of Creamy Parmesan Sauce.

Fillet Steak £22.95

Fillet Steak with Italian Garlic Potatoes, Mixed Roasted Mediterranean Vegetables, Vine Cherry Tomatoes, a Flat Mushroom and Rocket Salad garnish.

Sauces:-

Cracked Black Pepper Sauce £2.95

Creamy Parmesan Sauce £2.95

Blue Cheese Sauce £2.95

Main Salads

Butternut Squash Salad (V) £11.95

Roasted Butternut Squash, Mixed Leaves, Pomegranate Seeds, Toasted Pine Nuts and fresh Mint.

Sweet Chilli Salmon Salad (V) £13.95

Salmon Fillet cooked in a Sweet Chilli Sauce served on a bed of Mixed Salad Leaves, Mixed Olives, Cucumber and Tomatoes.

Chicken Caesar Salad £13.95

Chicken Breast, Crispy Smoked Pancetta, Parmesan Shavings, Baby Gem Lettuce, Anchovies, Crispy Croutons and Caesar Dressing.

Greek Salad (V) £11.95

Mixed Salad Leaves, Feta Cheese, Mixed Olives, Cucumber, Sun Blushed Tomatoes, Crispy Croutons drizzled with our House Dressing.

Side Dishes All £3.50

Italian Garlic Potatoes

Rocket and Parmesan Salad

Roasted Mixed Mediterranean Vegetables

Avanti Side Salad

Green Beans and Chantenay Carrots

Small Greek Salad

Lunch Sandwiches

Made using our Stone-Baked Rustic Sourdough Bread and all served with a fresh Salad Garnish.

Avanti Club £8.95

Chicken Strips, Crispy Smoked Pancetta, Baby Gem Lettuce, Plum Tomato and Mayonnaise.

Slow Cooked Beef Brisket £9.95

Shredded Beef, Dressed Leaves, Dill Pickle and Piccalilli.

Honey Roasted Ham £8.95

Hand-Carved Ham, Coarse Grain Mustard Mayonnaise, Cucumber and Dressed Leaves.

Roasted Red Pepper(V) £8.50

Roasted Red Peppers with Rocket Pesto, Melted Mozzarella and Dressed Leaves.

Brie and Cranberry (V) £8.95

French Brie and Cranberry Sauce with Dressed Mixed Leaves.

Roasted Mediterranean Vegetable (V) £8.50

Mixed Peppers, Aubergine and Courgette with Rocket and Pesto Drizzle.

Avanti's P.L.T. £7.95

Crispy Smoked Pancetta, Baby Gem Lettuce and Plum Tomatoes with Mayonnaise.

Desserts

Affogato £4.95 (GF) (V)

English Lakes Double Jersey Ice Cream served with a shot of Espresso. Even more delicious with shot of Kendal Mint Cake Vodka or Gingerbread Vodka, **£2.00** per shot.

Warm Chocolate Pecan Brownie (GF)(V) £5.95

Rich Chocolate Pecan Brownie served warm with English Lakes Double Chocolate Ice Cream.

Avanti's Tiramisu £5.95 (V)

Sweet Mascarpone Cream, Marsala, Brandy and Coffee Soaked Sponge with Chocolate Dusting.

Sticky Toffee Pudding (V) £5.95

Avanti's own made Sticky Toffee Pudding served with English Lakes Double Jersey Ice Cream.

Eton Mess Sundae (GF) (V) £5.95

English Lakes Crushed Strawberry and Double Jersey Ice Creams, Crushed Meringue, Raspberry Sauce and Berries.

English Lakes Ice Creams (GF) (V)

Double Jersey, Crushed Strawberry, Death by Chocolate, Thunder and Lightning or Mint Choc Chip.

One Scoop **£1.95**, Two Scoops **£3.75**, Three Scoops **£4.25**

Ginger and Orange Cheesecake (V) £5.95

Served with Crème Fraiche and fresh Fruits.

Please see our Special Board for our Dessert of the Day

